



Aalborg Universitet

**AALBORG UNIVERSITY**  
DENMARK

### **3. The scientific evidence – does healthy eating interventions at school work?** **Presentation on Healthy eating at school – policy, evidence and practice**

Mikkelsen, Bent Egberg

*Publication date:*  
2006

*Document Version*  
Early version, also known as pre-print

[Link to publication from Aalborg University](#)

*Citation for published version (APA):*  
Mikkelsen, B. E. (2006). 3. The scientific evidence – does healthy eating interventions at school work? Presentation on Healthy eating at school – policy, evidence and practice.

#### **General rights**

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal -

#### **Take down policy**

If you believe that this document breaches copyright please contact us at [vbn@aub.aau.dk](mailto:vbn@aub.aau.dk) providing details, and we will remove access to the work immediately and investigate your claim.



## Satellite Event

### Healthy eating at school – policy, evidence and practice

In recent policy documents, the school has been highlighted as the number one arena for healthy lifestyle promotion including healthy eating strategies. It occupies an important place when public health nutritionists discuss healthy eating interventions and strategies. At the same time innovative and integrative approaches to school meals and health promotion are being developed by practitioners in the education field.

But still, there seems to be a gap between the three levels of policy, science and practice. This event tries to bring together these levels to discuss what should come first, local evidence, scientific evidence or policy? The “local” evidence in the form of innovative projects at grassroots level? Or scientific evidence based on intervention studies? Or policy recommendations to decision-makers? This event will try to provide answers.

**Date/Time: Friday, 17 November 2006, 11:25 – 12:10 hrs**

**Venue: Conference Room M 32**

#### Speakers:

**Mr Thorsten AFFLERBACH**  
Council of Europe, Strasbourg,  
France

*Introduction*

**Dr Reinhard ACKERL**  
Council of Europe, Strasbourg,  
France

*The political evidence. The Council of Europe Resolution on healthy eating in schools – what does it say?*

**Dr Bent Egberg MIKKELSEN**  
Danish Institute for Food and  
Veterinary Research, Søborg,  
Denmark

*The scientific evidence. Healthy eating interventions at school – do they work?*

**Mr Rene JENSEN**  
Vangebo school, Copenhagen,  
Denmark

*The local evidence. A case study on innovative integration of food provision and hands-on learning about food and nutrition – what is it about?*

Council of Europe Resolution ResAP(2005)3 on healthy eating in schools  
Eating at School – Making Healthy Choices, Council of Europe Publishing, Strasbourg, 2005,  
ISBN 92-871-5574-7  
Further information: [www.coe.int/soc-sp](http://www.coe.int/soc-sp)